

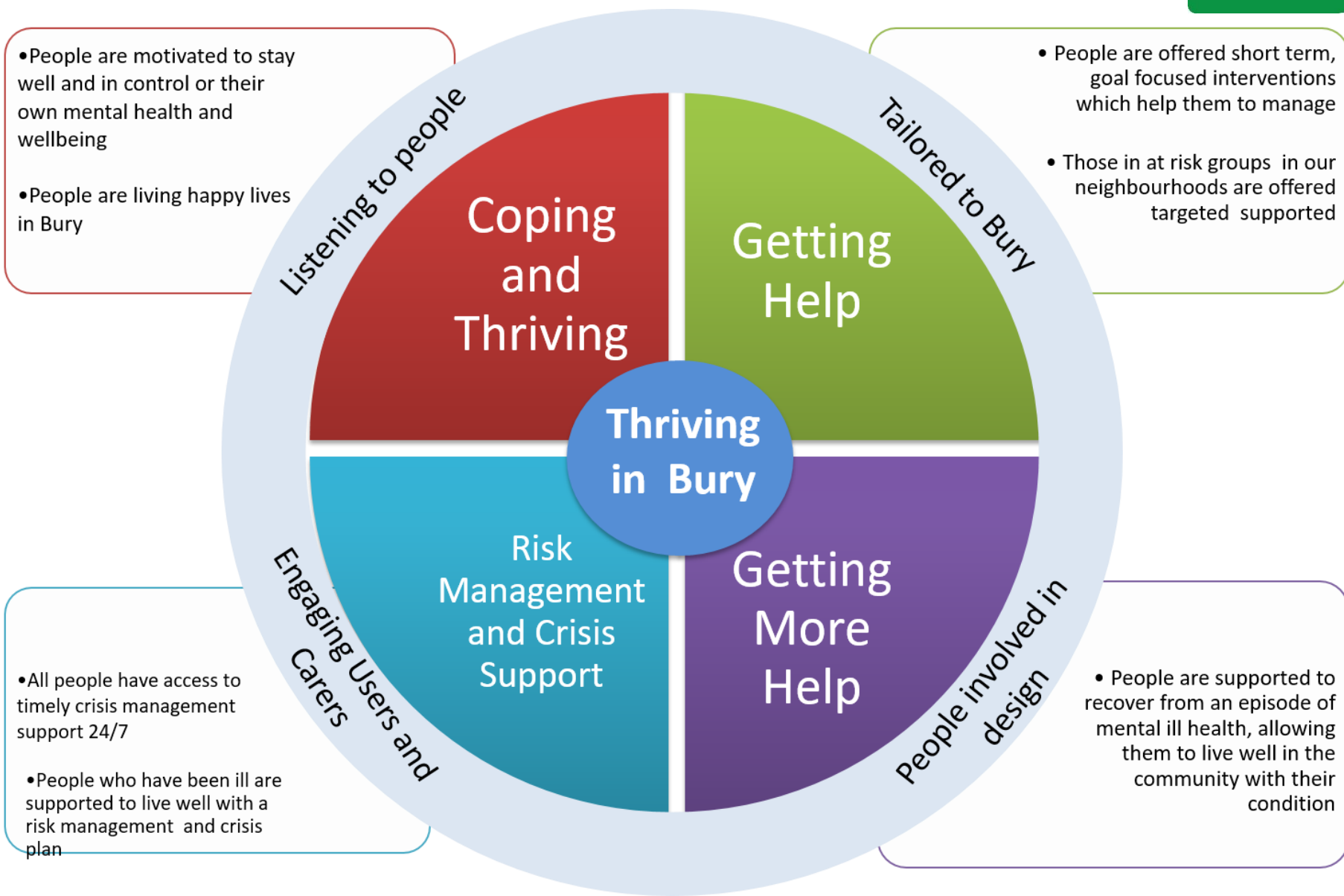
**Bury Health  
Scrutiny  
Committee**

**update July 2021**



# **Thriving IN BURY**

**For better mental  
wellbeing**



# Thriving in Bury progress in 2020/21. . .



Developed the **Thriving in Bury** brand and mental wellbeing comms plans



Developed a 12 month **mental health education and development programme**

Launched **Bury Peer Led Crisis Service** on 12th April 2021, delivered by BIG

Mon, Thu and Fri 6pm-11pm.  
29 referrals received to date

*"Feeling so much better knowing you're here"*

*"Longest conversation I've had in years"*

*"Gives me the space to talk about how I feel without being analysed"*

*"I was a bit anxious after I shared so much but slept better for it and am ok now"*



 **The Bury Getting Help Line** supported **422** people with their mental wellbeing and provided person centred resources pack

*"Supporting your mental wellbeing"*  
**Early Break**  
burybreak.co.uk

Mobilisation of the **Urgent Emergency Care by Appointment Service** operational 7 days per week from 8am – 9pm. Based at Fairfield General Hospital, direct referrals from GP's.

A review of **Community Mental Health Team** led to a number of changes to improve operations and links with wider pathways.

Launched **digital services**, Silver Cloud therapy is now offered with support from Healthy Minds therapists in Bury



The Creative Living Centre made **1424** welfare calls during



  
**24/7 Mental Health Helpline**  
**0800 014 9995**  
Pennine Care NHS Foundation Trust

Launch of the **PCFT 24/7 Crisis Helpline**

# Bury Mental Health Transformation Programme Plan 2021/22

## Population Mental Wellbeing (Coping & Thriving)

- Targeted communication plan that motivates people to look after their wellbeing.
- Robust offer of support for family and friends supporting those with mental health issues.
- Establish a local Connect 5 training network, to cascade the knowledge and strategies for good mental wellbeing
- Suicide Prevention
- Drug & Alcohol
- Homelessness

## Primary & Community MH Transformation

- Further develop the mental health support offer in Integrated Neighbourhood Teams
- Developing model for community mental health transformation with key stakeholders & to better understand locality need
- Scope Mental Health Hub with VCSE partners services as part of LWM
- Establishing and integrating the PCN MH roles
- **Community MH Team Redesign including PD, Rehab, ED pathway, DTOC**
- **Promoting access to Psychological therapies and integrate with LTC**

## Improving access to support in a crisis

- **Refreshed 24/7 helpline** and integrate into local services
- Community Crisis Peer Support Service – broaden offer
- Open Access VCS Crisis Support linked to Neighbourhoods & LWM
- **MH Liaison** – Review gap & Link with UEC by appointment/Rapid Response service
- **Out of ED urgent appointments**

## Improving care for those with highest needs

**Therapeutic Inpatient Care**  
**Home Treatment Teams (Moving to CORE Fidelity)**  
**Section 136 Suite Review**  
**Rehab**  
**Individual Placement Support**  
**MH Specialist Placements**

## Other key developments

- **Perinatal** and Parental Infant MH
- **Adult Eating Disorders**
- Learning Disability, **Autism and ADHD provision**
- Younger adults model
- All Age Trauma informed model

Transformation Learning Forum

Collaborative Leadership, Management, Governance

Lived Experience and Co-production

Innovative use of resources and new Investment

Single Tangible Strategy

# Mental Health Pressures

## System Pressures

- Greater Manchester changes – moving towards ICS and locality priorities
- Workforce / capacity
- Key Interdependencies not progressing at the same pace
- Financial challenges to meet national & local priorities

## Service Pressures

- Increase in CYP A&E presentations
- Increase in post covid demand i.e. Healthy Young Minds, Healthy Minds, Community Mental Health
- Managing waiting lists i.e. Dementia Service, Healthy Minds

Working across the system to review options  
to mitigate pressures and determine the required level of investment



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